



A Sampling of Selections Available in Sea Girt

## **March 2019**

### **Mondays**

Chicken Scampi  
 Roasted Bone-In Chicken w/ Lemon & Oregano  
 Flounder Stuffed w/ Julienne Vegetables  
 Penne alla Vodka  
 Grilled Asparagus  
 Spinach, Roasted Carrot, Ricotta Salata & Candied Walnut Salad

### **Tuesdays**

Chicken Giovanni  
 Roasted Turkey Breast w/ Herb Butter & Turkey Gravy  
 Cod Provençale  
 Fusilli Primavera in Garlic & Oil  
 Yukon Gold Mashed Potatoes w/ Shallot Butter  
 Roasted Balsamic Zucchini & Squash  
 Arugula, Fennel, Blood Orange & Oil Cured Olive Salad

### **Wednesdays**

Chicken Marsala  
 Roasted Salmon w/ Grilled Fennel  
 Tagliatelle w/ Sautéed Shrimp, Zucchini & Tomatoes  
 Broccoli w/ Roasted Shallots  
 Romaine, Roasted Pepper, Bacon & Manchego Salad  
**GF** Garlic Parmesan Chicken Tenders

### **Thursdays**

Chicken alla Cris  
 Thai Steak Stir Fry  
 Baked Conchigle w/ Manchego Béchamel  
 Spring Rice  
 Baby Carrots w/ Orange & Maple Glaze  
 Baby Bok Choy w/ Shiitake Mushrooms, Sesame & Sweet Chili  
 Mixed Green, Cucumber, Cherry Tomato, Green Olive & Chickpea Salad

**(GF): Gluten Free**

All items and prices are subject to change based on seasonal availability.  
 Item availability may be limited.

### **Fridays**

Chicken Rossini  
 Scrod Oreganata  
 Linguine w/ White Clam Sauce  
 Mushroom Risotto  
 Sautéed String Beans w/ Tomatoes, Mushrooms & Garlic  
 Classic Caesar Salad  
**GF** Artichoke Hearts Francese

### **Saturdays**

Chicken Carbonara  
 Shrimp Francese  
 Cavatelli con Panna  
 Orzo w/ Asparagus, Roasted Shiitake Mushrooms & Gorgonzola  
 Frittata del Giorno  
 Sausage Stuffed Mushrooms  
 Sautéed Broccoli w/ Roasted Garlic  
 Romaine, Bacon, Tomato & Blue Cheese Salad

### **Sundays**

Chicken Madeira  
 Chicken Pot Pie  
 Blackened Tuna  
 Macaroni al Forno  
 Roasted Brussel Sprouts & Onions w/ Thick Cut Bacon  
 Mixed Green, Apricot, Hazelnut & Feta Salad  
**GF** Uncle Eugene's Turkey Meatloaf

### **Joe's Classic Collection (Available Everyday):**

Traditional (Beef, Pork, Veal) Meatballs, Chicken Madeiras,  
 Grilled Vegetables, Tomato Petals, Potato Croquettes, Rice Balls,  
 Eggplant Pies, Sautéed Broccoli Rabe, Grilled Chicken,  
 Chicken Milanese, Gluten Free Chicken Milanese,  
 Chicken Parmigiana and Sausage & Peppers Red.

### **Bread of the Day Menu:**

<b><u>Sunday</u></b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>	<b><u>Saturday</u></b>
Irish Soda Bread  Pumpernickel Rye Swirl	Semolina Pullman	Pretzel Roll	Sage & Roasted Garlic Sourdough Roll	Caraway Sea Salt Roll	Cherry Almond Roll  Everything Kaiser	Croissant  Raisin Walnut Roll

**\* Raisin Walnut and Cranberry Pecan available daily. \***

### **Soup of the Day Menu:**

<b><u>Sunday</u></b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>	<b><u>Saturday</u></b>
Chickarina  Potato Leek (GF)	White Chicken Chili  Hearty Vegetable (GF)	Beef Barley  Broccoli Cheddar (GF)	Mediterranean Chicken & Chickpea  Split Pea (GF)	Italian Wedding  Roasted Pepper & Tomato (GF)	Ribollita (GF)  Butternut Squash (GF)	Lentil (GF)  Creamy Tuscan Garlic Tortellini