



*A Sampling of Selections Available in Sea Girt*

## **February 2019**

### **Mondays**

Chicken Marsala  
 Uncle Eugene's Meatloaf  
 Cod Francese  
 Fettuccini Alfredo  
 Roasted Garlic Mashed Potatoes  
 Roasted Baby Carrots  
 Insalate di Maria

### **Tuesdays**

Chicken Francese  
 Traditional Pot Roast  
 Gemelli Bolognese  
 Lemon Brown Rice w/ Garlic & Thyme  
 String Beans w/ Toasted Hazelnuts  
 Romaine, Radicchio, Celery, Tomatoes, Olives & Shaved Reggiano Salad

### **Wednesdays**

Chicken Cordon Bleu  
 Boneless Beef Short Ribs w/ Chianti Demi  
 Frittata del Giorno  
 Steamed Vegetables  
 Frisee, Spinach, Red Onion, Pomegranate, Feta & Toasted Almond Salad  
**GF** Eggplant Parmigiana

### **Thursdays**

Italian Chicken Tenders  
 Veal Saltimbocca  
 Penne alla Vodka  
 Parmesan & Scallion Potato Cakes  
 Sautéed Sugar Snap Peas & Roasted Peppers  
 Spinach, Apple, Pecan, Dried Cherry & Brie Salad

### **(GF): Gluten Free**

*All items and prices are subject to change based on seasonal availability.  
 Item availability may be limited.*

### **Fridays**

Chicken Scampi  
 Grilled Salmon w/ Lemon  
 Cheese Ravioli w/ Sage Brown Butter  
 Risotto Del Giorno  
 Mashed Sweet Potatoes  
 Steamed Broccolini w/ Shallots & Cashews  
 Romaine, Hearts of Palm, Cherry Tomatoes & Ricotta Salata Salad

### **Saturdays**

Chicken Florentine  
 Chicken Pot Pie  
 Beef Braciolo  
 Sweet & Spicy Bourbon BBQ Grilled Shrimp Skewers  
 Macaroni al Forno  
 Roasted Fingerling Potatoes w/ Grilled Bourbon Onions  
 Balsamic Brussel Sprouts  
 Mixed Greens, Dried Apricot, Hazelnut & Crumbled Queso Fresco Salad

### **Sundays**

Chicken Carpinello  
 Panko Encrusted Boneless Pork Chop w/ Onions  
 Baked Lemon Scrod  
 Tortellini Antonio  
 Eggplant Rollatini  
 Winter Rice  
 Broccoli w/ Garlic & Oil  
 Catharina Salad

### **Joe's Classic Collection (Available Everyday):**

Traditional (Beef, Pork, Veal) Meatballs, Chicken Meatballs,  
 Gluten Free Turkey Meatballs, Grilled Vegetables, Tomato Petals,  
 Potato Croquettes, Rice Balls, Eggplant Pies,  
 Sautéed Broccoli Rabe, Grilled Chicken, Chicken Milanese,  
 Gluten Free Chicken Milanese, Chicken Parmigiana  
 & Sausage & Peppers Red.

### **Bread of the Day Menu:**

<b><u>Sunday</u></b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>	<b><u>Saturday</u></b>
Fig & Pistachio  Cranberry Orange Scones	Roasted Garlic Focaccia Roll	Everything Kaiser Roll	Pretzel Roll	Sage & Roasted Garlic Sourdough Roll	Sundried Tomato Basil Roll  Caraway Sea Salt Roll	Chocolate Cherry Sourdough  Croissants

**\*\* Raisin Walnut and Cranberry Pecan available daily.**

### **Soup of the Day Menu:**

<b><u>Sunday</u></b>	<b><u>Monday</u></b>	<b><u>Tuesday</u></b>	<b><u>Wednesday</u></b>	<b><u>Thursday</u></b>	<b><u>Friday</u></b>	<b><u>Saturday</u></b>
Beef Barley  Creamy Mushroom (GF)	Split Pea (GF)  Potato Leek (GF)	Chickarina  Root Vegetable Bisque (GF)	Minestrone Genovese  Ribollita (GF)	Lentil (GF)  Broccoli Cheddar (GF)	Sausage, Kale & Sweet Potato (GF)  Tomato Basil (GF)	Italian Wedding  Zucchini Gorgonzola (GF)