



A Sampling of Selections Available in Sea Girt

## September 2019

### Mondays

Chicken Valdostana  
 Flounder Stuffed w/ Julienne Vegetables  
 Linguine w/ Cherry Tomatoes, Kalamata Olives & Feta  
 Quinoa Primavera  
 Artichokes Francese  
 Romaine, Apple, Cranberry, Provolone & Cashew Salad

### Tuesdays

Chicken Leone  
 Scrod Oreganata  
 Conchigle Bella Rose  
 Risotto all' Amatriciana  
 Steamed Broccoli w/ Toasted Pine Nuts  
 Mixed Greens, Sliced Peaches, Pecan, Dried Cherry & Brie Salad

### Wednesdays

Chicken Carpinello  
 Pecan Encrusted Turkey Cutlets  
 Blackened Swordfish  
 Stuffed Shells all' Antonio  
 Broccolini Cacio e Pepe  
 Spinach, Roasted Beet, Pistachio & Blue Cheese Salad

### Thursdays

Chicken Carbonara  
 Ginger & Soy Marinated Tuna Steak  
 Uncle Eugene's Meatloaf  
 Orecchiette Genovese  
 Roasted Garlic Mashed Potatoes  
 String Beans Almondine  
 Crunch Salad

### **(GF): Gluten Free**

All items and prices are subject to change based on seasonal availability.  
 Item availability may be limited.

### Fridays

Chicken Piccata  
 Dijon Glazed Chicken Thighs  
 Grilled Boneless Pork Chops Topped w/ Blueberry Compote  
 Roasted Flank Steak w/ Chimichurri  
 Penne alla Vodka  
 Sautéed Spinach w/ Garlic & Oil  
 Mixed Greens, Plum Tomato, Artichokes & Hearts of Palm Salad

### Saturdays

Chicken Mi Amor Jennifer  
 Roasted Pork Loin Au Jus  
 Shrimp Francese  
 Penne w/ Broccoli Rabe & Sausage  
 Polenta Cakes w/ Caramelized Onions & Goat Cheese  
 Garlic Parmesan Roasted Baby Carrots  
 Roasted Asparagus w/ Shallots & Tri-Colored Peppers  
 Romaine, Fried Eggplant, Roasted Tomato & Shaved Reggiano Salad

### Sundays

Chicken Marsala  
 Teriyaki Glazed Bone-In Chicken  
 Pan Seared Salmon w/ Lemon Butter  
 Cavatelli con Panna  
 Roasted Fingerling Potatoes in Basil Pesto  
 Cauliflower Fried Rice  
 Fried Brussel Sprouts w/ Thyme, Lemon & Chili Flakes  
 Boston Bibb, Roasted Pepper, Bacon & Manchego Salad

### **Joe's Classic Collection (Available Everyday):**

Traditional (Beef, Pork, Veal) Meatballs, Chicken Meatballs,  
 Grilled Vegetables, Tomato Petals, Potato Croquettes, Rice Balls,  
 Eggplant Pies, Sautéed Broccoli Rabe, Grilled Chicken,  
 Chicken Milanese, Gluten Free Chicken Milanese,  
 Chicken Parmigiana and Sausage & Peppers Red.

### Soup of the Day Menu:

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Split Pea (GF)	Sausage, Kale & Sweet Potato (GF)	Chickarina	Tomato Basil (GF)	Minestrone Genovese	Lentil (GF)	Italian Wedding