



A Sampling of Selections Available in Sea Girt

## May 2019

### Mondays

Chicken Carnivale  
 Braised Bone-In Beef Short Ribs in Chianti Demi  
 Shrimp Francese  
 White Rice Primavera  
 String Beans Almondine  
 Classic Caesar Salad

### Tuesdays

Chicken Marsala  
 Scrod Oreganata  
 Cavatelli & Broccoli  
 Roasted Fingerling Potatoes & Baby Carrots w/ White Balsamic Glaze  
 Steamed Asparagus w/ Dijon Vinaigrette  
 Insalata di Maria

### Wednesdays

Parmesan Encrusted Chicken w/ Herb Roasted Tomatoes  
 Roasted Half Chicken w/ Lemon & Oregano  
 Teriyaki Ginger Marinated Grilled Flank Steak  
 Cheese Tortellini Taormina  
 Charred Baby Bok Choy  
 Mixed Greens, Cucumber, Heirloom Tomato, Feta & Black Olive Salad

### Thursdays

Chicken Bella Rose  
 Pan Roasted Salmon w/ Seaweed Salad & Sake Soy Drizzle  
 Penne alla Vodka  
 Frittata del Giorno  
 Roasted Beets w/ Pistachios & Crumbled Bleu Cheese  
 Sautéed Sugar Snap Peas w/ Garlic & Lemon  
 Romaine, Fried Eggplant, Roasted Tomato & Shaved Reggiano Salad

**(GF): Gluten Free**

All items and prices are subject to change based on seasonal availability.  
 Item availability may be limited.

### Fridays

Grilled Chicken Athena  
 Tequila Lime Chicken Wings  
 Balsamic Pulled Pork  
 Beer Battered Cod  
 Cous Cous w/ Shrimp, Asparagus & Yellow Pepper Salad  
 Pappardelle w/ Artichokes, Cherry Tomatoes & Arugula in Asiago Cream  
 Roasted Brussel Sprouts w/ Parmesan & Crispy Bacon  
 Spinach, Roasted Carrot, Ricotta Salata & Candied Walnut Salad

### Saturdays

Chicken Francese  
 Roasted Bone-In Chicken w/ Sundried Tomato Pesto  
 Beef, Mini Bell Pepper & Onion Kabobs  
 Flounder Stuffed w/ Asparagus in Champagne Cream  
 Orecchiette Genovese  
 Artichoke & Crispy Pancetta Risotto w/ Lemon Zest  
 Grilled Broccolini  
 Mixed Greens, Cherry Tomato, String Bean & Shaved Manchego Salad

### Sundays

Chicken Margherita  
 Pork Cutlet Stuffed w/ Prosciutto, Fontina & Artichoke Hearts  
 Lemon Pepper Dill Grilled Salmon  
 Gemelli con Panna  
 Cauliflower Gratin  
 Escarole & Beans  
 Boston Bibb, Apple, Dried Cranberry, Candied Pecan & Goat Cheese Salad

### **Joe's Classic Collection (Available Everyday):**

Traditional (Beef, Pork, Veal) Meatballs, Chicken Meatballs,  
 Grilled Vegetables, Tomato Petals, Potato Croquettes, Rice Balls,  
 Eggplant Pies, Sautéed Broccoli Rabe, Grilled Chicken,  
 Chicken Milanese, Gluten Free Chicken Milanese,  
 Chicken Parmigiana and Sausage & Peppers Red.

### Bread of the Day Menu:

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Cherry Almond  Semolina Pullman	Garlic Brioche Roll	Caraway Sea Salt Roll	Cranberry Pecan Roll	Rye Pumpnickel Swirl	Aunt Lorraine's Cheese Bread Roll  Rosemary Sea Salt Focaccia Roll	Sage & Roasted Garlic Sourdough Roll  Pretzel Roll

### Soup of the Day Menu:

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Chickarina	Split Pea (GF)	Tomato Basil (GF)	Beef Barley	Ribollita (GF)	Italian Wedding	Lentil (GF)